





2021 Colon & Rectum Outline

- Introduction to Neoplasms of the Colon & Rectum
- 2021 Statistics for Colorectal Cancers
- Risk Factors Signs & Symptoms
- Anatomy of the Colon & Rectum
- Screening Guidelines, Diagnostic Workup, and Lab Tests
- Biological Tumor Markers, Single and Multi-Gene Testing
- 2021 Colon/Rectum ICD-O-3.2 Review Histology
- 2021 Colon/Rectum Solid Tumor Rules Histology
- 2021 Colon/Rectum/NEC/NET Grade Coding Rules
- 2021 Colon/Rectum/NEC/NET Site-Specific Data Items
- 2021 Staging for Colon/Rectum SS2018 Focus
- 2021 NCCN Treatment Guidelines for Colon/Rectum
- 2021 NCCN Treatment Guidelines for Neuroendocrine NET/NEC
- Text Documentation for Colorectal Cancers
- Miscellaneous Notes Impact of Covid-19
- Presentation References
- Questions











| Factors that increase risk: Heredity and medical history Pamily history ^M CRC | |
|---|------|
| Heredity and medical history Family history ⁸⁴ CRC | |
| Family history ^{as} CRC | |
| CRC | |
| | |
| 1 or more first-degree relatives | 2.2 |
| 1 or more first-degree relatives diagnosed before age 50 | 3.6 |
| 2 or more first-degree relatives | 4.0 |
| 1 or more second-degree relatives | 1.7 |
| Adenoma | |
| 1 or more first-degree relatives | 2.0 |
| Inflammatory bowel disease ¹¹⁵ | 1.7 |
| Type 2 diabetes ¹²⁴ | |
| Male | 1.4 |
| Female | 1.21 |
| Modifiable factors | |
| Heavy alcohol (daily average >3 drinks) ^{os} | 1.3 |
| Obesity (body mass index >30 kg/m ²) ¹⁴⁶ | 1.3 |
| Colon, male | 1.5 |
| Colon, female | 1.1 |
| Rectum, male | 1.3 |
| Rectum, female | 1.01 |
| Red meat (100 g/day) ¹⁶⁶ | 1.1 |
| Processed meat (50 g/day)166 | 1.2 |
| Smoking ¹⁹⁰ | |
| Current vs. never | 1.5 |
| Former vs. never | 1.2 |
| Factors that decrease risk: | |
| Physical activity ¹³⁸ | 0.7 |
| | 0.9 |

Risk Factors – Signs & Symptoms

Common Symptoms

- Bleeding from the rectum
- Dark or black stools
- Decreased appetite
- Unintentional weight loss
- Blood in the stool or in the toilet after a bowel movement
- A change in bowel habits or the shape of the stool
- Cramping, pain, or discomfort in the lower abdomen
- Urge to have a bowel movement when bowel is empty
- Constipation or diarrhea that lasts for more than a few days















Anatomy of the Colon & Rectum

Invasion into "pericolonic/pericolorectal tissue" can be either Localized or Regional, depending on the primary site. Some sites
are entirely peritonealized; some sites are only partially peritonealized or have no peritoneum. Localized may not be used for
sites that are entirely peritonealized (cecum, transverse colon, sigmoid colon, rectosigmoid colon, upper third of rectum).

Localized

- Invasion through muscularis propria or muscularis, NOS
- Non-peritonealized pericolic/perirectal tissues invaded [Ascending Colon/Descending Colon/Hepatic Flexure/Splenic Flexure/Upper two thirds of rectum: Posterior surface; lower third of rectum]
- Subserosal tissue/(sub)serosal fat invaded T3 this is the fat that is layered just under or inside the serosa
- Extension through wall, NOS
- Intramucosal, NOS
- Lamina propria
- Mucosa, NOS
- Muscularis mucosae
- Muscularis, NOS
- Muscularis propria
- Submucosa (superficial invasion)
- Polyp (head, stalk, NOS)

If the pathologist does not further describe the "pericolic/perirectal tissues" as either "non-peritonealized pericolic/perirectal tissues" vs "peritonealized pericolic/perirectal tissues" fat and the gross description does not describe the tumor relation to the serosa/peritoneal surface, and it cannot be determined whether the tumor arises in a peritonealized portion of the colon, code Localized.

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Regional

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- Mesentery
- Peritonealized pericolic/perirectal tissues invaded [Ascending Colon/Descending Colon/Hepatic Flexure/Splenic Flexure/Upper third of rectum: anterior and lateral surfaces; Cecum; Sigmoid Colon; Transverse Colon; Rectosigmoid; Rectum: middle third anterior surface)
- Pericolic/Perirectal fat T4 this is the fat that surrounds the outside of the colon wall outside the serosa so once it is
 thru the serosa it is regional direct extension unless it is in a peritonelized site a site that has no serosa then once it
 is thru the muscularis mucosa it directly invades the parietal peritoneum not the visceral peritoneum surrounding the
 colon but the parietal peritoneum of the body cavity.

Abdominal wall

- Adherent to other organs or structures clinically with no microscopic examination
- Adjacent (connective) tissue(s), NOS
- Fat, NOS
- Mesentery (including mesenteric fat, mesocolon)
- Mesothelium
 Pericolic fat
- Perirectal fat
- Peritonealized pericolic/perirectal tissues invaded
- Retroperitoneum (excluding fat)
- Serosa
- Small intestine
- Tumor found in adhesion(s) if microscopic examination performed Tunica serosa

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Tumors characterized by involvement of the serosal surface (visceral peritoneum) by direct extension or perforation in which the tumor cells are continuous with the serosal surface through inflammation are coded to regional.





Anatomy of the Colon & Rectum median umbilical ligament lateral umbilical ligament The serosa acts as barrier for tumors that begin on inside greater omentum surface of the colon and invade down into the mucosa and through the wall of the colon (the serosa). oils of ileum greate Some colon surfaces have no serosa at the exterior surface (around the hollow organ) inferior vena When there is no serosa you lose a natural barrier that helps contain the colon cancer ascending co scending color A Non Peritonealized Surfaces in Colon Rectum: right left · Rectum no serosa in rectum below peritoneal reflection Descending Colon no serosa covering posterior surfaces Ascending Colon no serosa covering posterior surfaces No Serosa Here 21 Clinical Anatomy for Medical Students, 5th Edition, Richard S. Snell. Little, Brown and Company, 1995.











Screening Guidelines, Diagnostic Workup, and Lab Tests

| | Benefits | & Complexity* | Limitations | lest lin Interva |
|---|---|---|---|--|
| Visual Examinat | tions | | | |
| Colonoscopy | Examines entire colon Can biopsy and remove polyps Can diagnose other diseases Required for abnormal results from all other tests | Performance: Highest Complexity: Highest | Full bowel cleansing Can be expensive Sedation usually needed, necessitating a chaperone to return home rathert may miss a day of work. Highest risk of bowel tears or infections compared with other tears | 10 years ^e |
| Computed tomographic colonography (CTC) | Examines entire colon Fairly quick Few complications No sedation needed Noninvasive | Xamines entre colon Performance: Instit for large polypiol • full bowe cleanating • Cannot memore polypic or perform biopales Competition medided Competition • Cannot memore polypic or perform biopales • Cannot memore polypic or perform biopales No selation medided Interminediate • Colonoccopy mexissary if postive • Colonoccopy mexissary if postive | | |
| Flexible sigmoidoscopy | Fatty quick Few complications Minimal bowel preparation Does not require sedation or a specialist | Performance: High for rectum & lower one-third of the colon Complexity: Intermediate | formance: invertexemplation invertexemplation | |
| Stool Tests (Low | -sensitivity stool tests, such as single | e-sample FOBT done in the do | ctor's office or tollet bowl tests, are not recommende | 1.) |
| Fecal Immuno- chemical test (FIT) | No bowel cleansing or sedation Performed at home Low cost Noninvasive | Performance: Intermediate for cancer Complexity: Low | Requires multiple stool samples Will miss most polyss May produce false-positive test results Suphyly more effective when combined with a flexible sigmoidoscopy every five years Colonoscopy necessary if positive | Annual |
| High-sensitivity gualac-based fecal occult blood test (gFOBT) | No bowel cleansing or sedation Performed at home Low cost Noninvasive | Performance: Intermediate for cancer Complexity: Low | Requires multiple stool samples Will miss most polyps May produce failse-positive test results Tre-test detaryl limitations Slightly more effective when combined with a flexible signatioaccopy every the years Colonoscopy necessary if positive | Annual |
| Multitargeted stool DNA test (Cologuard®) | No bowel cleansing or sedation Performed at home Requires only a single stool sample Noninvasive | Performance: Intermediate for cancer Complexity: Low | Will miss most polyps More false-positive results than other tests Higher cost than gFOBT and FIT Colonoscopy necessary if positive | 3 years, per manufacturer's recommendati |

The 2018 American Cancer Society CRC screening guideline recommends that adults ages 45 years and older undergo regular screening with a high-sensitivity stool-based test or visual examination (described below), depending on patient preference and test availability.

As part of the screening process, all positive results on non-colonoscopy screening tests should be followed up with a timely colonoscopy because delays in follow-up of abnormal results increase the risk of advanced CRC and CRC death.

The age to initiate CRC screening was lowered from 50 to 45 years because incidence rates are increasing in younger populations, and modeling studies demonstrated that the balance of benefit to harm was more favorable for beginning screening at age 45 than at 50.











Site-Specific Data Item (SSDI) Manual

Cases Diagnosed 1/1/2018 an Published (September 2020)

Version 2.0

amp J, et al. (September 2020). Site-Specific Data

ally, funding for this

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artment of Health & Hi 102. Additionally, fundi

ade possible in part by a contract with Fe itutes of Health and Department of Healt

rd of Directors adopted these standards in February 2018

2021 Colon/Rectum/NEC/NET Site-Specific Data Items

- Colon and Rectum
 - CEA Pretreatment Lab Value
 - CEA Pretreatment Interpretation
 - Circumferential Resection Margin (CRM)
 - KRAS
 - Microsatellite Instability (MSI)
 - Perineural Invasion
 - Tumor Deposits
 - BRAF Mutational Analysis
 - NRAS Mutational Analysis
- Colon and Rectum NET/NEC Neoplams
 - Ki-67







| 2021 Colon/Rect | um ICD-O-3.2 Updates |
|---|--|
| Typical Histologic T | ypes in Colon & Rectum |
| Code invasive mucinous adenocarcinoma 8480 when the diagnosis is any of the following: Evactly "mucinous adenocarcinoma" (no | Code invasive signet ring cell adenocarcinoma 8490 when the diagnosis is any of the following: Evactly signet ring cell carrinoma (no |
| modifiers) | modifiers) |
| Mucinous carcinoma documented as greater than 50% | Signet ring cell carcinoma documented as greater than 50% |
| Adenocarcinoma and mucinous carcinoma, where mucinous carcinoma is documented to be greater than 50% of the tumor | Adenocarcinoma and signet ring cell carcinoma, where signet ring cell is documented to be greater than 50% of the tumor |
| Code adenocarcinoma NOS 8140 w Adenocarcinoma and mucinous Percentage of mucinous ur Mucinous documented as Adenocarcinoma and signet ring Percentage of signet ring u Signet ring cell documente | then the final diagnosis is: carcinoma hknown/not documented less than or equal to 50% of tumor g cell carcinoma nknown/not documented d as less than or equal to 50% of tumor |
| Intestinal type adenocarcinoma | OR adenocarcinoma intestinal type |

















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Tumors characterized by involvement of the serosal surface

(visceral peritoneum) by direct extension or perforation in

which the tumor cells are continuous with the serosal surface





2021 Staging Updates for Colon/Rectum – Summary Stage Tumor Deposits – N1c Definition Separate tumor nodules or tumor deposits of malignant cells in perirectal or pericolic fat with no evidence of lymph node tissue • N1c = Tumor Mesenteric Found in primary lymphatic deposit(s) in the Pericolonic drainage area subserosa, Perirectal Other names mesentery, or Subserosa Peri-tumoral deposits, satellite nodules, nonperitonealized All Regional discontinuous extramural extension, or pericolic or malignant tumor foci Lymph Nodes perirectal tissues N1c = Specific TNM "N" Code for tumor Negative without regional nodule or deposit(s) in the subserosa, Deposits + LNs nodal metastasis. mesentery, or non-peritonealized pericolic or perirectal tissues without regional nodal metastasis.

| American J | oint Com | mittee on | Cancer | (AJCC) r 8th ed 2017 |
|--------------|----------|-----------|--------|-------------------------|
| Table 2. Pro | ognostic | Groups | Cance | our eu., 2017 |
| | T | N | М | |
| Stage 0 | Tis | N0 | MO | |
| Stage I | T1, T2 | N0 | M0 | |
| Stage IIA | Т3 | N0 | MO | |
| Stage IIB | T4a | N0 | M0 | |
| Stage IIC | T4b | N0 | MO | |
| Stage IIIA | T1-T2 | N1/N1c | M0 | |
| | T1 | N2a | M0 | |
| Stage IIIB | T3-T4a | N1/N1c | M0 | |
| | T2-T3 | N2a | M0 | |
| | T1-T2 | N2b | M0 | |
| Stage IIIC | T4a | N2a | M0 | |
| | T3-T4a | N2b | M0 | |
| | T4b | N1-N2 | M0 | |
| Stage IVA | Any T | Any N | M1a | |
| Stage IVB | Any T | Any N | M1b | |
| Stage IVC | Any T | Any N | M1c | |

























2021 NCCN Neoadjuvant Treatment Guidelines - Rectum

Radiation therapy

Radiation therapy uses high-energy rays to kill cancer cells.

External beam radiation therapy

External beam radiation therapy (EBRT) is the type of radiation used most often to treat rectal cancer. This method delivers radiation from outside the body using a large machine. The radiation passes through skin and other tissue to reach the tumor.

Types of EBRT include three-dimensional conformal radiation therapy (3D-CRT), intensity-modulated radiation therapy (IMRT), and stereotactic body radiation therapy (SBRT). All types are conformal, which means that the radiation beams are shaped to the cancer site. This helps minimize damage to healthy tissue. The type used depends on the location and size of the tumor(s) and other factors. SBRT is a special radiation technique described in more detail in *Part 5, Metastatic cancer* beginning on page 50.

Long-course chemoradiation

In the treatment of rectal cancer, external radiation therapy is often used in combination with chemotherapy. Radiation therapy is given in 25 to 28 treatment sessions, called fractions. Chemotherapy is given during the same time period. This is known as long-course chemoradiation.

Short-course radiation therapy

Another method of radiation treatment for rectal cancer is short-course radiation therapy. This method delivers a higher dose of radiation over a much shorter time period, typically in 5 treatment sessions. Chemotherapy is not given.











2021 NCCN Advanced/Metastatic Treatment Guidelines - Rectum

| mFOLFOX6 | Regorafenib | |
|---|---|--|
| mFOLFOX7 | Trifluridine + tipiracil + bevacizumab | |
| FOLFOX + bevacizumab | Pembrolizumab (dMMR/MSI-H only) | |
| FOLFOX + panitumumab (KRAS/NRAS/BRAF Wild Type Only) | Nivolumab (dMMR/MSI-H only) | |
| FOLFOX + cetuximab (KRAS/NRAS/BRAF Wild Type Only) | Novolumab + ipilumumab (dMMR/MSI-H only) | |
| CAPEOX | Dosarlimab-gxly (dMMR/MSI-H only) | |
| CEPEOX + bevacizumab | Trastuzumab + pertuzumab (HER2-amplified & RAS & BRAF WT) | |
| FOLFIRI | Trastuzumab + lapatinib (HER2-amplified & RAS & BRAF WT) | |
| FOLFIRI + bevacizumab | Fam-trastuzumab deruxtecan-nxki | |
| FOLFIRI + panitumumab (KRAS/NRAS/BRAF Wild Type Only) | Encorafenib + cetuximab (BRAF V600E mutation positive) | |
| FOLFIRI + cetuximab (KRAS/NRAS/BRAF Wild Type Only) | Encorafenib _ panitumumab (BRAF V600E mutation positive) | |
| ROX | Larotrectinib (NTRK gene fusion positive) | |
| ROX + bevacizumab | Entrectinib (NTRK gene fusion positive) | |
| FOLFIRI + ziv-aflibercept | | |
| FOLFIRI + ramucirumab | | |
| FOLFOXIRI | | |
| FOLFOXIRI _ bevacizumab | | |
| FOLFOXIRI + panitumumab (KRAS/NRAS/BRAF Wild Type Only) | | |
| FOLFOXIRI + cetuximab (KRAS/NRAS/BRAF Wild Type Only) | | |







